

# Eli and the Ice Cream Outing



## About Choo Choo Train

Choo Choo Train is a series of stories and activities aiming to inculcate good values in five and six-year-old children. Children will learn eight values through 16 stories and activities. The stories will feature Eli the elephant and his friends as they learn about each value.

If you are a parent or an educator, there are guided questions at the end of the story that you may ask the children to build their empathy and perspective-taking skills.

Recommended activities are also included for a wholesome experience in learning these values!

### About this story

In this story, we will explore the value of kindness. Eli and his friends were going for an ice cream outing. Cathy wishes to join them for the outing but Felix did not allow her to join. Will Felix show kindness? Read on to find out more.



Eli

Bob

Felix

Cathy

Pat



It was a bright and sunny morning. The school was filled with the chatter and laughter of children because it was the last day of school! Everyone was excited about the school holidays!

“Shall we go for ice cream after school?” Eli asked his friends happily.

“Yes! Yes! Yes! I want chocolate ice cream!” Pat replied.  
“Strawberry ice cream for me!” Bob said.



Cathy overheard the conversation and thought to herself, "I want to eat ice cream too. But I have no friends to go eat ice cream with me."

Cathy thought for a while and decided to ask if she could join Eli and friends for ice cream.

"Eli... may I join you and your friends for ice cream?" Cathy asked shyly.

"No!" Felix replied quickly.



“But... I have no one to eat ice cream with. May I join you, please?” Cathy asked, with tears in her eyes.

“No. You are not our friend. You can’t join us. You can eat ice cream alone,” Felix said, looking away.



“Felix, you are not showing kindness to Cathy. Cathy is alone and she can join us for ice cream,” Eli said.

“She is not our friend, Eli!” Felix replied.

“We can always make a new friend, Felix!” Bob said.



“Felix, kindness is showing care to others with our words and actions. Remember the time when you were alone but Eli showed kindness to you by asking you to join us in our games? That’s how we became friends!” Bob said as he put his arm around Felix.

“That’s right, Felix. Now it’s your turn to show kindness to Cathy. Let us invite Cathy to join us for ice cream!” Pat said.

Felix thought about the time when he had no friends but Eli showed kindness to him and invited him to join them and play together.



“You are right, Eli, Bob and Pat. I should show kindness to Cathy and ask her to join us and be our friend,” Felix agreed with his friends.

“I am sorry, Cathy. Would you like to join us for ice cream?” Felix asked politely and smiled sweetly at Cathy.

“Of course. Thank you for asking me to join you and letting me be your friend, Felix,” Cathy smiled.

“Since we have more people, shall we also have waffles with the ice cream?” Felix smacked his lips.

“Yes!” Everyone exclaimed happily as they headed to the ice cream shop together.

Felix was glad that he had learnt about kindness that day.





## Ask and Discuss

Here are some questions to further the discussion with your child. The suggested responses serve as a guide.



**What value does this story teach?**

This story teaches about kindness. Kindness is showing care to others with our words and actions.



**What happened in the story?**

Eli asked his friends to go and eat ice cream after school. Cathy asked if she could join Eli and his friends for ice cream but Felix said no. Felix said that Cathy is not their friend. The other animals reminded Felix that when Felix was alone, they had invited Felix to play with them. His friends encouraged Felix to befriend Cathy and to show kindness by inviting her to join them for ice cream.



**When did Felix not show kindness? Why do you think Felix did not show kindness?**

When Felix did not want to let Cathy join them for ice cream and told her that she is not their friend. Felix did not show kindness because he might not want to make a new friend.



**Why should Felix show kindness?**

Felix should show kindness so that Cathy would not feel sad and lonely, and she would have friends to eat ice cream with.



**How would you feel if you are Cathy and Felix asked you to eat alone because you are not his friend?**

I would feel sad and left out. *(Parents/educators can ask the children why they would feel this way and what they would do when they feel this way to encourage children to think about their responses to such feelings.)*



**What would happen if Felix continued to not show kindness?**

Felix will not have a new friend. Felix's friends may not want to do fun activities with him anymore.

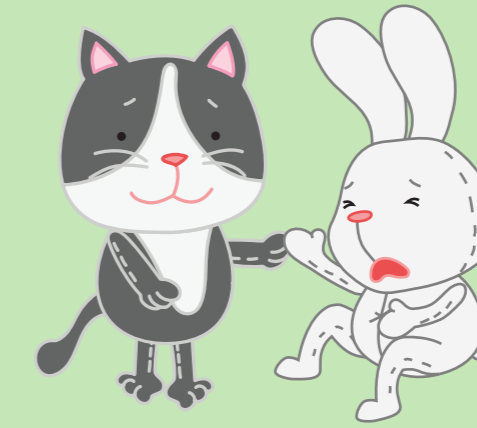
## Activity: Find the Kindness Acts

In this activity, children will look for scenarios and explain why the scenes are depicting/showing acts of kindness.

1. Print and cut the 6 picture cards on the next page.
2. Place them around the room and go on a hunt to look for these kind actions with your child! (Should space be a constraint, two sets of the images can be printed to become a matching game.)
3. Discuss with your child how each image show kindness. Your child can also share what else can be done to show kindness for that picture, if any.



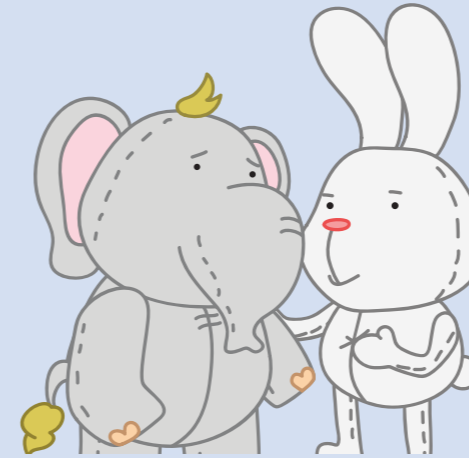
Pat is helping to put a plaster on Cathy's cut.



Cathy is helping Ray up when he fell.



Bob is sharing an umbrella with Felix when it is raining.



Ray is giving Eli a pat on his shoulder when Eli is sad.



Eli asking Felix to play together.



Felix is holding the door for Bob and Eli.



## ABOUT SINGAPORE CHILDREN'S SOCIETY

Singapore Children's Society has been helping disadvantaged children, youth and their families in Singapore since 1952. We are an independent and non-profit organisation that relies predominantly on public support for many of our programmes and public education initiatives such as Choo Choo Train.

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